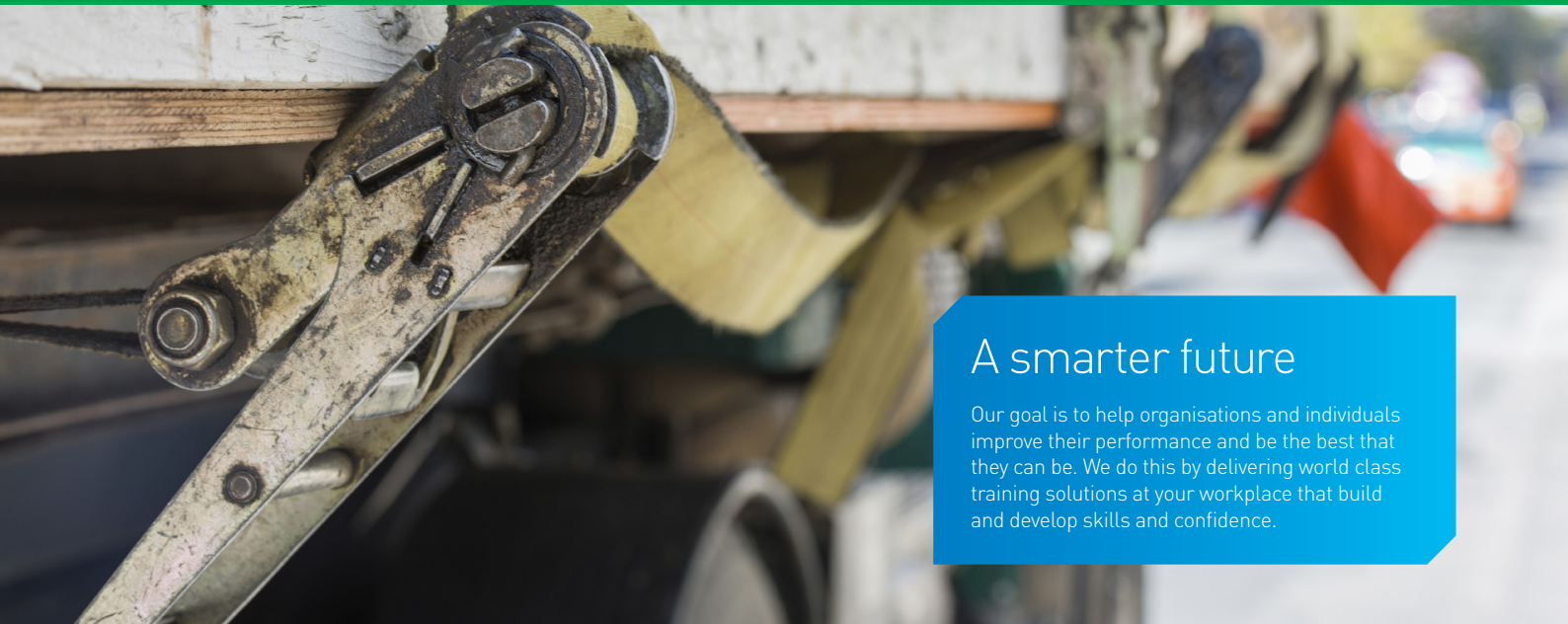




# Load Restraint

SHORT COURSE



## A smarter future

Our goal is to help organisations and individuals improve their performance and be the best that they can be. We do this by delivering world class training solutions at your workplace that build and develop skills and confidence.

### Course Overview

The course provides driver/operators with the knowledge and skills required to restrain loads in accordance with the National Load Restraint Guide 2018. This course outlines the importance of restraining a load on a vehicle, load restraint awareness, introduction of the load restraint guide, general principles of load restraint, arranging loads on a vehicle, restraining loads on a vehicle and driving a laden vehicle.

### Who should attend?

Anyone who loads vehicles and restrains those loads.  
Drivers – Operators – Forklift Drivers – Yard Staff  
– Loaders - Supervisors

### Course Objectives

Improved understanding of:

- > Chain of Responsibility
- > Methods of load restraint
- > Positioning of loads
- > Amount of restraint required
- > Correct selection and use of tie down equipment

### Duration

Four hours

Client will need to provide a suitable vehicle with a sample (preferably live) load and relevant restraints.

### Benefits

This course will lead to better restrained loads with improvements in cargo handling and reduction in stock damage.

Participants will attain knowledge of the:

- > Selection of restraints and their correct use
- > Care of and correct positioning of loads
- > Chain of Responsibility legislation

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